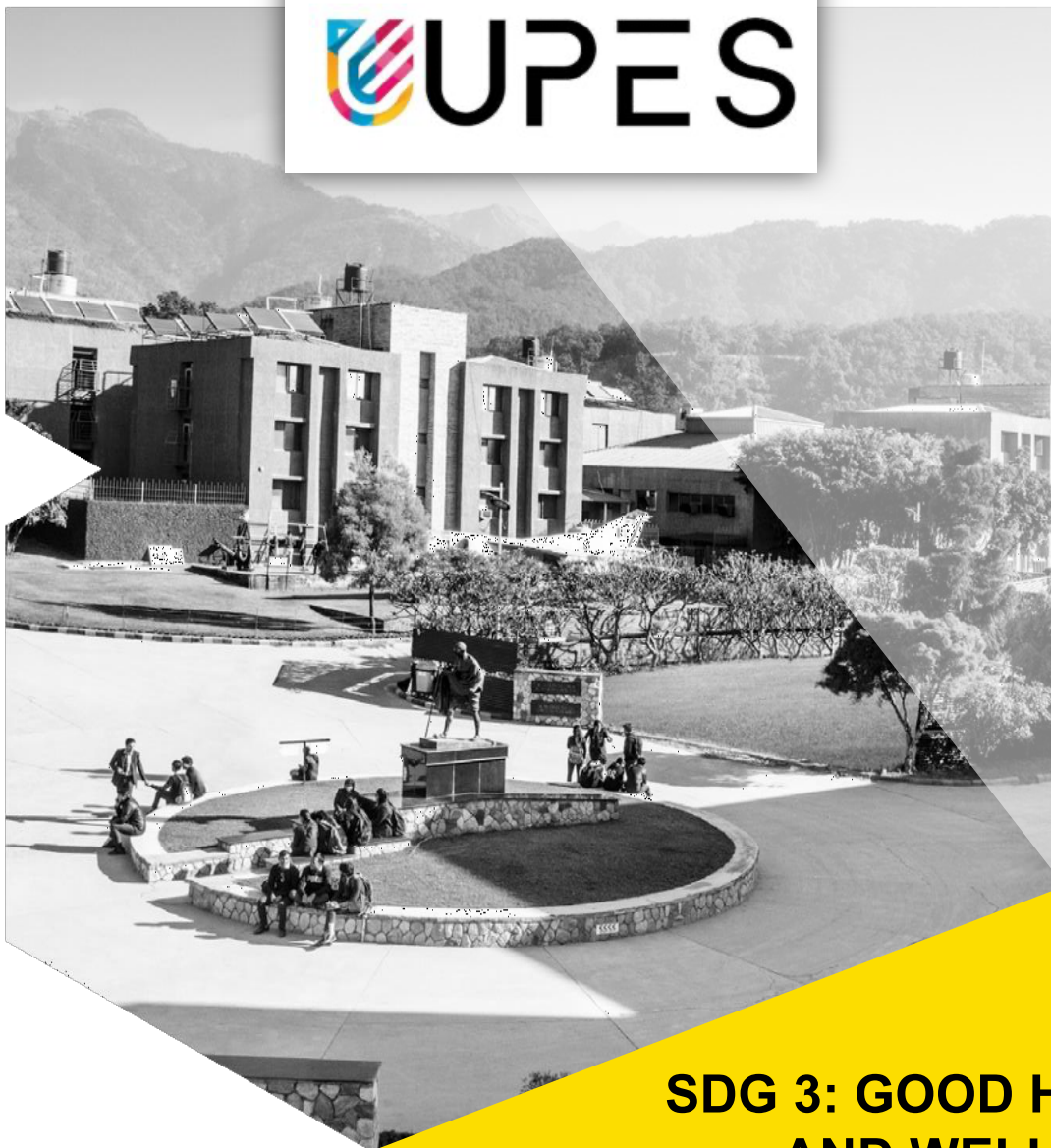




SUSTAINABLE DEVELOPMENT GOALS



**SDG 3: GOOD HEALTH
AND WELL-BEING**

2025

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UPES – Collaborations to Advance Health and Well-Being

Local Health Collaborations

UPES actively partners with local hospitals, clinics, and NGOs in Uttarakhand to improve community health outcomes. Key local collaborations include:

- **Doon Medical College (Dehradun):**

The UPES School of Health Sciences & Technology has tied up with the government-run Doon Medical College to conduct joint medical research, exchange students and faculty, and offer internships. This alliance facilitates shared conferences and academic information, leveraging Doon Hospital's clinical expertise to benefit UPES students and local healthcare alike upes.ac.in.

- **Drishti Eye Institute (Dehradun):**

UPES signed an MoU with the Drishti Eye Institute, a local specialty eye hospital, to promote exchange of academic and research information. The partnership includes joint research programs, academic material sharing, and co-organization of conferences, strengthening eye-care research and education in the region upes.ac.in.

- **Community Health Outreach:**

UPES engages in grassroots health campaigns with NGOs. For example, the UPES Social Internship team collaborated with GORED (Global Organisation for Research, Education, and Development) to run an Adolescent Reproductive and Sexual Health awareness drive in Than village, Uttarakhand upes.ac.in. During this workshop, volunteers educated 13–18-year-old girls on sexual health and distributed reusable sanitary kits sponsored by the NGO upes.ac.in. Likewise, through its “*Beating Period Poverty Together*” project *Lakhon Khwahishen*, UPES has trained over 1,200 rural women on menstrual hygiene and provided menstrual cups to underprivileged women – helping to eliminate “period poverty” in local villages upes.ac.in impact.globaluniversitysystems.com.

- **Annual Blood Donation Drives:**

Demonstrating long-term commitment to local health needs, UPES hosts an annual multi-day voluntary blood donation camp in coordination with nearby blood banks. In these drives (ongoing for over a decade), the University partners with the **Indian Medical Association (IMA) Blood Bank, Dehradun** and **Shri Mahant Indresh Hospital** to collect blood for local hospitals pioneeredge.in garhwalpost.in. For instance, the 2024 camp saw **over 1,600 donors** from UPES's students and staff – a record contribution that the partnered blood banks praised as life-saving for the state pioneeredge.in.

National-Level Partnerships in Health and Wellness

At the national level, UPES has forged partnerships with prominent health institutions and initiatives across India to bolster healthcare education, research, and services:

- **AIIMS Rishikesh:**

UPES signed an MoU with the All India Institute of Medical Sciences, Rishikesh – a leading national medical university. This partnership establishes a long-term alliance to develop top-notch health infrastructure in Uttarakhand and promote joint research and academic exchange [upes.ac.in](https://www.upes.ac.in). Faculty and students from UPES and AIIMS are collaborating on research in **microbiology, biochemistry, and clinical sciences**, evidenced by recent joint publications in health diagnostics that have garnered global attention [upes.ac.in](https://www.upes.ac.in). The two institutions are also working on co-authored grant proposals, reflecting a deep collaboration aimed at improving healthcare outcomes through research and innovation [upes.ac.in](https://www.upes.ac.in).

- **Merck Life Science Training:**

UPES partnered with Merck Life Science Pvt. Ltd. (the Indian arm of the Germany-based science and technology company **Merck**). This collaboration offers hands-on training and skill development for UPES students and researchers in cutting-edge life science techniques [upes.ac.in](https://www.upes.ac.in). Under the MoU, Merck provides subject-matter guidance and conducts training sessions at its High-Skill Development Centers (such as the Merck facility in Chandigarh, established with CSIR-IMTech) [upes.ac.in](https://www.upes.ac.in). This industry-academia partnership enhances students' practical skills in biotechnology and pharmaceuticals, aligning with national capacity-building in healthcare.

- **Max Healthcare (Sanjeevani Initiative):**

To support employee well-being, UPES has collaborated with **Max Hospital** for annual comprehensive health check-ups of its faculty and staff under the “Sanjeevani” wellness scheme [upes.ac.in](https://www.upes.ac.in). Through this tie-up with a leading national hospital network (Max Healthcare), employees receive regular screenings and preventive care, demonstrating UPES's commitment to workplace health in line with national wellness goals.

- **Mental Health and Wellness Programs:**

UPES also partners with health-tech initiatives for mental and physical wellness. Notably, the university teamed up with the “*True Wellness*” app for a program called “**Main Hoon Na**”, which helps students set health goals, manage stress, and access workout and wellness information [upes.ac.in](https://www.upes.ac.in). This digital health collaboration provides 24/7 counseling support (via the UPES Cares program) and personal health tracking for students, reflecting a modern, national-level approach to campus mental health support [upes.ac.in](https://www.upes.ac.in). Additionally, UPES's active National Service Scheme (NSS) unit participates in government health campaigns – for example, co-organizing blood donation and health awareness camps as noted above – thereby aligning with national public health initiatives.

Global Health Collaborations and Initiatives

UPES's commitment to health and well-being extends globally through partnerships with international universities and organizations, creating opportunities for knowledge exchange and improved health outcomes:

- **University of Queensland (Australia):**

UPES has an academic collaboration with The University of Queensland (UQ) to facilitate **seamless credit transfer programs in Health Sciences** (among other fields) upes.ac.in. This Global Pathways arrangement (a 3.5 + 2 year program) allows UPES students to complete three and a half years in India and then transfer to UQ for two years, earning an international degree in health sciences upes.ac.in. Such a partnership provides world-class training to future health professionals and researchers, enhancing their skills to global standards.

- **Taipei Medical University (Taiwan):**

UPES signed an MoU with Taipei Medical University to collaborate on education and research in pharmaceutical and health sciences. The tie-up enables exchange of students and visiting scholars, joint research projects, and co-hosting of conferences, seminars and workshops in medical fields upes.ac.in. Taipei Medical University's strengths – for example in cancer medicine, neuroscience, and biomedical innovation – complement UPES's growing health programs, and this global cooperation exposes UPES faculty and students to advanced international research and healthcare practices upes.ac.in upes.ac.in.

- **Medical University of the Americas (Caribbean/USA):**

In 2025, UPES's School of Health Sciences announced a first-of-its-kind partnership with the Medical University of the Americas (MUA) to launch an **accelerated 5-Year MD pathway program** curriculum-magazine.com. Through this strategic collaboration, Indian students complete a one-year pre-medical science course at UPES, then proceed to MUA for two years of pre-clinical medical education (in St. Kitts & Nevis), followed by two years of clinical rotations at affiliated hospitals in the United States curriculum-magazine.com. This global medical pathway addresses the shortage of medical seats in India by creating alternate routes for aspiring doctors, giving them high-quality international medical training and a clear route to licensure abroad – ultimately contributing to the global healthcare workforce curriculum-magazine.com.

- **Merck & International Industry Links:**

As mentioned, the UPES–Merck partnership has international dimensions, given Merck's global presence. Students gain exposure to global best practices in life sciences through training at Merck's innovation hubs upes.ac.in. Moreover, UPES regularly invites international experts and engages in research collaborations abroad (for example, faculty are working on projects in public health and AI with global partners, and nearly 500+ NGOs worldwide host UPES students via a required social internship program) impact.globaluniversitysystems.com. These international collaborations ensure that UPES's health initiatives are informed by global insights and that its graduates can contribute to **worldwide well-being** challenges.

Commitment to Health & Well-Being Outcomes

Through the above collaborations – from local community projects to national alliances and global academic programs – UPES demonstrates a comprehensive commitment to promoting health and well-being (aligning with UN Sustainable Development Goal 3). On campus, the university provides accessible medical care, counseling services, and health education, while externally it partners with government and NGOs to impact the broader society upes.ac.in. UPES's leadership has continually expanded health facilities and community programs, recognizing that these efforts “play a vital role in promoting overall well-being” in the region

and beyond upes.ac.in. The sustained success of initiatives like the annual blood donation camp (now in its 12th year, with thousands of units collected) exemplifies this commitment in action garhwalpost.in. In sum, UPES's multi-level health partnerships – local, national, and global – are delivering tangible programs, research, and services that improve health outcomes and foster a healthier, more aware community.